

“MESSAGE FROM WATER” AND SCIENCE

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There are many kinds of water, such as natural water, tap water, distilled water, filtered water and so on. Yet, most of them are just transparent liquids and we cannot tell the difference with our naked eyes. One day, while reading a book on snowflakes, Dr. Masaru Emoto got an idea, “There are no two identical snowflakes. Then, if we freeze water and observe its water crystals, their structures may be different from those of other waters, depending on the information the water contains.” He asked his researcher to do an experiment. After several months of trial and error, he succeeded in observing the very first water crystal under the light microscope in 1994.

Since then, Dr. Emoto’s laboratory have examined many different types of water, and found several interesting things.

1. Water samples from clean, natural sources usually showed a beautiful, hexagonal crystal, while most of the tap waters did not show good crystals or showed only partially crystalized form.
2. Distilled water was exposed to various pieces of music, and then its water crystal was examined. It seemed that the shape of the resultant water crystals was dependent on the kind of the music.
3. Distilled water was exposed to various kinds of photographs for 24 hrs, and the water was examined as above. In some cases, similarities were found between the images in the photograph and the shape of the resultant water crystal.
4. A label with written words was put on a glass tube that contained distilled water. After 24 hrs, the water was examined. When “Thank you” and “You fool” were shown to distilled water, the water exposed to “Thank you” showed a very beautiful and powerful hexagonal crystal, while the water exposed to “You fool” did not show any good crystal structure. When exposed to the words “Love and Gratitude”, water showed the most beautiful water crystal. This result became the base of Dr. Emoto’s philosophy on “Love and Gratitude”.
5. When water was exposed to prayer or chi-energy, it seemed also that water changed its structure.

Summarizing those results, Dr. Emoto self-published a photograph collection entitled “*Message from Water*” in 1999 [1]. In 2001, he published a Japanese (original) version of “*Hidden Messages in Water*” in Japan [2] and it was translated into English in 2005 [3]. Afterwards, those books have been translated into 45 languages and sold more than 5 million copies all over the world.

Dr. Emoto is saying that he is not a scientist and that those books are actually an art, or even a fantasy. We think that the significance of Dr. Emoto’s work is that it has suggested visually, that is, in a form anybody can easily understand, that our consciousness, emotions, and prayers can change the structure of water.

As for a scientific experiment, we did a collaborative work with Dr. Dean Radin, and published a positive result of a double-blind test on the effects of distant intention on the water crystal formation [4]. Also, as a preliminary experiment, we took all the photographs from a control water sample and a water sample received a certain vibration, and analyzed the difference between the photographs statistically.

Other than that, although we have been trying to do scientific experiments, we are still in the process to make our water crystal photography to be a scientific method.

We firmly believe that Dr. Emoto’s conclusion that water is changed by our consciousness is true. We think that Dr. Pollack’s findings on the 4th phase of water [5] may explain the phenomena described in “*Message from Water*”. If some of professional scientists gathering here could find firm evidence to prove this statement, and if Dr. Emoto’s work has been an inspiration for those people, we would be very happy.

1 Emoto, M., “*Messages from Water*”, Hado Kyoiku Sha Co., Ltd., 1999

2 Emoto, M., “*Mizu wa kotae o shitte iru*”, Sunmark Publishing, 2001

3 Emoto, M., “*Hidden Messages from Water*”, Beyond Words Publishing, 2005

4 Radin D., et al. *Explore*, 2:408-111, 2006

5 Pollack, G.H., "The Fourth Phase of Water", Ebner & Sons Publishers, 2013